



# Helpful Hints For Using New Body Products

A New Body Lifestyle (A.N.B.L.)  
7721-A W. Bellfort Ave. #208 Houston TX 77071-2104  
www.acwbinc.org  
713.639.3571 [mail@acwbinc.org](mailto:mail@acwbinc.org)



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1. **ACNE** = SK-F, CAPSICUM, SARSAPARILLA, BLACK WALNUT, RED CLOVER, YELLOW DOCK
2. **AFTERPAIN** = NVS, VALERIAN, ST. JOHN'S WORT, RED RASPBERRY
3. **AGE SPOTS** = FO-TI-TIENG, GOTU KOLA, F-EY, RH, SH, SK-F, GINSENG, SARSAPARILLA
4. **ALLERGIES** = BEE POLLEN, RH, COMFREY FENUGREEK, VITAMIN C, NONI, MILK THISTLE, ALFALFA, WHITE OAK BARK, CHAPARRAL, NETTLE
5. **ANEMIA** = 4-PG, ALFALFA, KELP, PAU D'ARCO, SUMA, NETTLE, HORSETAIL, COMFREY FENUGREEK
6. **APPETITE** = CKLS, IRISH MOSS, DEVIL'S CLAW, ALFALFA, SARSAPARILLA
7. **ARTERIOSCLEROSIS** = BP-1, BP-2, PAR-K SLIM PACK, HORSETAIL, BLESSED THISTLE, BUTCHER'S BROOM, PAU D'ARCO, LOBELIA, DEVIL'S CLAW, CHICKWEED
8. **ARTHRITIS** = ART, CKLS, YUCCA, DEVIL'S CLAW, CHAPARRAL, CAPSICUM, NONI, WILD YAM, BP-1, BP-2, HORSETAIL, SARSAPARILLA
9. **ASTHMA** = BEE POLLEN, COMFREY FENUGREEK, NONI, BLACK SEED, HYSSOP, PAU D'ARCO, CAPSICUM, BP-1, BP-2, SAW PALMETTO, CHICKWEED, MULLEIN, NETTLE, SCHIZANDRA
10. **BACK PAIN** = UVA URSI, NONI, ST. JOHN'S WORT
11. **BAD BREATH** = ALFALFA, CKLS, GOLDENSEAL
12. **BALDNESS** = HIR, NETTLE, CKLS, VITAMIN C, SAW PALMETTO, BLACK SEED, SLIPPERY ELM
13. **BEDWETTING** = UVA URSI, HYDRANGEA, HORSETAIL, ST. JOHN'S WORT
14. **BEE STINGS & INSECT BITES** = COMFREY FENUGREEK, ECHINACEA, WORMWOOD, ST. JOHN'S WORT
15. **BLADDER** = UVA URSI, HYDRANGEA, NETTLE, SARSAPARILLA, SAW PALMETTO, WILD YAM, DANDELION, DEVIL'S CLAW, NONI
16. **BLOOD PURIFIER** = GOLDENSEAL ECHINACEA, FREED-OM, BURDOCK, DANDELION, ECHINACEA, RED CLOVER, MILK THISTLE, LICORICE, SARSAPARILLA, CHAPARRAL, GARLIC, VITAMIN C, COMFREY FENUGREEK, NONI, DEVIL'S CLAW, CHICKWEED, GOTU KOLA, YUCCA, WHITE OAK BARK, ST. JOHN'S WORT, NETTLE, YELLOW DOCK, PAU D'ARCO
17. **BOILS** = FREED-OM, MULLEIN, BLACK WALNUT, DANDELION, RED CLOVER, CHAPARRAL, MILK THISTLE, LOBELIA, BLACK SEED, COMFREY FENUGREEK
18. **BREASTS** = DAMIANA, SAW PALMETTO, MILK THISTLE, NETTLE, SARSAPARILLA
19. **BRONCHITIS** = COMFREY FENUGREEK, LICORICE, SAW PALMETTO, NONI, PAU D'ARCO, CAPSICUM, LOBELIA, ST. JOHN'S WORT, RED CLOVER, BLACK SEED, NETTLE, CHICKWEED

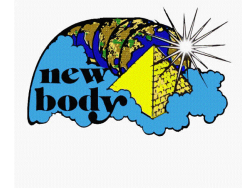
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20. **BRUISES** = ART, CHICKWEED, COMFREY FENUGREEK, MULLEIN, VITAMIN C, NONI, MULLEIN, SLIPPERY ELM, ST. JOHN'S WORT
21. **BURNS** = ALOE VERA, ALOE VERA PEPPERMINT, COMFREY FENUGREEK, CHICKWEED, VITAMIN C, ST. JOHN'S WORT, MULLEIN
22. **BURSITIS** = ART, CKLS, YUCCA, MIRACLE 2000, NONI, CHICKWEED, SUMA
23. **CHICKEN POX** = FREED-OM, ASTRAGALUS, GOLDENSEAL, RED CLOVER, LOBELIA, BLESSED THISTLE
24. **CHILDBIRTH** = 4-PG, LOBELIA, NONI, RED RASPBERRY, ST. JOHN'S WORT, YUCCA, WILD YAM
25. **CIRCULATION** = CAPSICUM, BUTCHER'S BROOM, SUMA, WORMWOOD, LOBELIA, BLACK SEED, LICORICE, LOBELIA, CHICKWEED, BLESSED THISTLE, HORSETAIL
26. **CLEANSING** = CKLS, OLIVE OIL, HYSSOP, MULLEIN, NONI, BLACK SEED
27. **COLDS** = C-FU, CKLS, HYSSOP, LICORICE, WORMWOOD, ASTRAGALUS, LICORICE, ECHINACEA, BP-1, BP-2, NONI, SAW PALMETTO, ST. JOHN'S WORT, SUMA, SLIPPERY ELM, RED RASPBERRY, RED CLOVER, LOBELIA, CHAPARRAL
28. **COLON** = CKLS, ALOE VERA, ALOE VERA PEPPERMINT, CASCARA SAGRADA, OLIVE OIL, PAR-K SLIM PACK, SENNA, SLIPPERY ELM
29. **COLIC** = CKLS, RED RASPBERRY
30. **CONSTIPATION** = CKLS, ALOE VERA, ALOE VERA PEPPERMINT, CASCARA SAGRADA, OLIVE OIL, KELP, SENNA, SLIPPERY ELM, WORMWOOD, BLACK SEED, RED RASPBERRY
31. **CONTAGIOUS DISEASE** = BP-1, BP-2, GARLIC, PAU D'ARCO, C-1, CHAPARRAL, NONI, HYSSOP, SUMA
32. **CONVULSION** = RH, SH, NVS, VALERIAN, SCHIZANDRA, BLACK COHOSH, CHICKWEED, GINKGO
33. **COUGHS** = LICORICE, COMFREY FENUGREEK, CHICKWEED, IRISH MOSS, NONI, SARSAPARILLA, C-FU, LOBELIA, GINKGO, SLIPPERY ELM, ST. JOHN'S WORT, MULLEIN, SCHIZANDRA
34. **CRAMPS** = MUSCLE: ALFALFA, COMFREY FENUGREEK, YUCCA, WILD YAM, DEVIL'S CLAW, CAPSICUM, MULLEIN, CHICKWEED, BUTCHER'S BROOM  
STOMACH: GINGER, CAPSICUM, BP-1, BP-2, CHICKWEED
35. **CROUP** = NVS, GARLIC, LOBELIA
36. **DANDRUFF** = HIR, CAPSICUM, IRISH MOSS
37. **DEPRESSION** = NVS, VALERIAN, NONI, ST. JOHN'S WORT, SCHIZANDRA, MILK THISTLE
38. **DIABETES** = GOLDENSEAL, UVA URSI, SAW PALMETTO, RED RASPBERRY, ALFALFA, BLACK SEED, PAU D'ARCO, EYEBRIGHT, DEVIL'S CLAW, SUMA, HORSETAIL, SCHIZANDRA, CAPSICUM
39. **DIAPER RASH** = OLIVE OIL, SLIPPERY ELM, MULLEIN

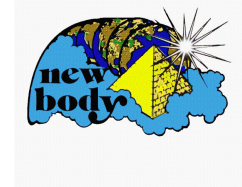
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40. **DIARRHEA** = CKLS, DA, NONI, RED RASPBERRY, BLACK WALNUT, WORMZ-B-GONE, NONI, SLIPPERY ELM, ST. JOHN'S WORT, PAU D'ARCO, BLACK SEED, MULLEIN, NETTLE
41. **DIGESTION** = DA, KELP, SUMA, BLACK SEED, DEVIL'S CLAW, IRISH MOSS, ALFALFA, BLACK SEED, HORSETAIL, NONI, SARSAPARILLA, SLIPPERY ELM, YUCCA
42. **DIZZINESS** = CKLS, ALOE VERA PEPPERMINT, GINKGO GOTU KOLA, SCHIZANDRA
43. **DOUCHE** = GOLDENSEAL, GARLIC, PAU D'ARCO
44. **DRUG WITHDRAWAL** = RH, SH, F-EY, NONI
45. **DYSENTERY** = CKLS, RH, SH, MULLEIN, NONI, SLIPPERY ELM, ST. JOH'S WORT, RED PASPBERRY, BLACK SEED, PAU D'ARCO, MULLEIN, PSYLLIUM
46. **ECZEMA** = SK-F, CKLS, SCHIZANDRA, PAU D'ARCO, BLACK WALNUT, BURDOCK, HORSETAIL, NONI, BLACK SEED, RED CLOVER, SLIPPERY ELM, NETTLE, CHAPARRAL, SARSAPARILLA
47. **EMPHYSEMA** = COMFREY FENUGREEK, HYSSOP, ASTRAGALUS, LOBELIA, CHICKWEED
48. **ENDURANCE** = BEE POLLEN, CAPSICUM, GGFC, MIRACLE 2000, OLYMPIC TONE, RH, SH, ASTRAGALUS, NATURE'S PROMISE, NONI, BLACK SEED, SUMA, GINKGO, SCHIZANDRA
49. **ENERGY** = BEE POLLEN, CAPSICUM, GGFC, MIRACLE 2000, OLYMPIC TONE, RH, SH, ASTRAGALUS, NATURE'S PROMISE, NONI, SAW PALMETTO, BLACK SEED, SUMA, SCHIZANDRA, SLIPPERY ELM
50. **EPILEPSY** = F-EY, RH, SH, HYSSOP, LOBELIA, MILK THISTLE
51. **EYES** = E-YE, EYEBRIGHT, GOLDENSEAL, GOTU KOLA, GGFC, CAPSICUM, GINKGO, SCHIZANDRA, CHAPARRAL, CHICKWEED, RED CLOVER, BLACK WALNUT, HORSETAIL, MULLEIN, NONI, RED CLOVER, SARSAPARILLA
52. **FATIGUE** = RH, SH, GGFC, BEE POLLEN, MIRACLE 2000, OLYMPIC TONE, ASTRAGALUS, SUMA, GINKGO GOTU KOLA, SENNA, CAPSICUM, VALERIAN, NATURE'S PROMISE, SAW PALMETTO, SCHIZANDRA, RED CLOVER, BLACK SEED, NONI
53. **FEVER** = NVS, HYSSOP, VALERIAN, WORMWOOD, BLESSED THISTLE, BP-1, BP-2, NONI, CAPSICUM, HYSSOP, SLIPPERY ELM, RED RASPBERRY, ST. JOHN'S WORT
54. **FEVER BLISTERS** = FREED-OM, GOLDENSEAL ECHINACEA, PAU D'ARCO
55. **FLU** = C-FU, ASTRAGALUS, NONI, BLACK SEED, PAU D'ARCO, ECHINACEA, C-1 & FREED-OM, RED CLOVER, RED RASPBERRY, NONI
56. **GALLBLADDER, GALLSTONES** = CKLS, OLIVE OIL, YUCCA, WILD YAM, WHITE OAK BARK, ST. JOHN'S WORT, RED CLOVER, DEVIL'S CLAW, BLESSED THISTLE, NONI

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57. **GAS** = CKLS, DA, KELP, HYSSOP, WILD YAM, HORSETAIL, CHICKWEED, SARSAPARILLA, MILK THISTLE, DEVIL'S CLAW
58. **GLANDS** = F-EY, 4-PG, GGFC, RH, SH, LICORICE, SARSAPARILLA, SLIPPERY ELM, GOLDENSEAL ECHINACEA, VITAMIN C, HORSETAIL, IRISH MOSS, HYDRANGEA, RED CLOVER, NONI, SAW PALMETTO, SCHIZANDRA, GINSENG, NETTLE, CHICKWEED
59. **GONORRHEA** = FREED-OM, PAU D'ARCO, HORSETAIL, SARSAPARILLA, SLIPPERY ELM, ST. JOHN'S WORT
60. **GOITER** = KELP, 4-PG
61. **GOUT** = ART, BUTCHER'S BROOM, KELP, HYSSOP, DEVIL'S CLAW, ALFALFA, NONI, HORSETAIL, SARSAPARILLA, ST JOHN'S WORT
62. **GUMS** = CAPSICUM, NONI, VITAMIN C
63. **HAIR LOSS** = HIR, VITAMIN C, NETTLE, MIRACLE 2000, HORSETAIL, IRISH MOSS, SLIPPERY ELM, BLACK SEED
64. **HALITOSIS** = CKLS, ALFALFA, HYSSOP
65. **HAY FEVER** = COMFREY FENUGREEK, 4-PG, ALFALFA, BEE POLLEN, EYEBRIGHT, NETTLE
66. **HEADACHE** = NVS, GINGER, WOOD BETONY, PAR-K-SLIM PACK, GOLDENSEAL ECHINACEA, VALERIAN, GINKGO GOTU KOLA, BLACK SEED, BUTCHER'S BROOM, NONI
67. **HEART** = HE-RT, CAPSICUM, BUTCHER'S BROOM, VALERIAN, PAR-K SLIM PACK, F-EY, BLESSED THISTLE, HAWTHORNE BERRIES, NETTLE, LICORICE, VITAMIN C, NONI, ST. JOHN'S WORT, SUMA, SCHIZANDRA, LOBELIA, HORSETAIL
68. **HEARTBURN** = HE-RT, CAPSICUM, NONI, SUMA
69. **HEMORRHAGE** = EXTERNAL: CAPSICUM, WHITE OAK BARK, KELP, SUMA, SLIPPERY ELM  
INTERNAL: CAPSICUM, WHITE OAK BARK, COMFREY FENUGREEK, HORSETAIL, KELP, PAU D'ARCO, VITAMIN C, MIRACLE 2000, MILK THISTLE, SLIPPERY ELM, SUMA, ST. JOHN'S WORT, NETTLE, RED RASPBERRY
70. **HEMORRHOIDS** = CKLS, WHITE OAK BARK, MIRACLE 2000, BUTCHER'S BROOM, HORSETAIL, PSYLLIUM, YUCCA, RED RASPBERRY, NETTLE, MULLEIN, CHICKWEED
71. **HERPES** = FREED-OM, ECHINACEA, BLACK WALNUT, SLIPPERY ELM, ASTRAGALUS, GOLDENSEAL ECHINACEA, PAU D'ARCO, RED RASPBERRY, SARSAPARILLA
72. **HIGH BLOOD PRESSURE** = BP-1, BP-2, HYSSOP, SUMA, PAR-K SLIM PACK, GINKGO GOTU KOLA, MILK THISTLE, NONI, BLACK SEED, VITAMIN C
73. **HOARSENESS** = LICORICE, CHICKWEED, HYSSOP

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74. **HORMONE IMBALANCE** = AG-7, DAMIANA DONG QUAI, GOLDENSEAL ECHINACEA, GINSENG, LICORICE, DAMIANA, SARSAPARILLA, SAW PALMETTO, SUMA, RED RASPBERRY, BLESSED THISTLE
75. **HOT FLASHES** = AG-7, BLACK COHOSH, DAMIANA DONG QUAI, LICORICE, RED RASPBERRY, SUMA
76. **HYPERACTIVITY** = NVS, SCHIZANDRA, ST. JOHN'S WORT, SUMA
77. **HYPERGLYCEMIA** = CAPSICUM, RH, SH, LICORICE
78. **HYPOGLYCEMIA** = RH, SH, LICORICE, VITAMIN C, SUMA, HAWTHORNE BERRIES
79. **INDIGESTION** = CKLS, DA, IRISH MOSS, WORMWOOD, CAPSICUM, NONI, HYSSOP, RED RASPBERRY, SCHIZANDRA, SAW PALMETTO
80. **INFECTION** = CKLS, FREED-OM, CAPSICUM, ST. JOHN'S WORT, PAU D'ARCO, GARLIC, NONI, GOLDENSEAL ECHINACEA, BLACK SEED, HORSETAIL, VITAMIN C, HYSSOP, RED RASPBERRY, SCHIZANDRA, SUMA, YUCCA, CHAPARRAL, NETTLE, BEE POLLEN, SAW PALMETTO
81. **INFLAMMATION** = CKLS, DEVIL'S CLAW, ASTRAGALUS, YUCCA, BUTCHER'S BROOM, GINSENG, BLACK SEED, HORSETAIL, SLIPPERY ELM, YELLOW DOCK, CHICKWEED, NONI, MIRACLE 2000, WHITE OAK BARK, SARSAPARILLA, NETTLE, MULLEIN, CHAPARRAL
82. **INSOMNIA** = NVS, VALERIAN, LOBELIA, ST. JOHN'S WORT, MULLEIN, NONI, BLACK SEED, SCHIZANDRA
83. **ITCHING** = YELLOW DOCK, BLACK WALNUT, HORSETAIL, C-1 & FREED-OM, NETTLE
84. **JAUNDICE** = UVA URSI, DANDELION, BUTCHER'S BROOM, SCHIZANDRA, SENNA, MILK THISTLE
85. **JOINTS** = COMFREY FENUGREEK, YUCCA, HORSETAIL, HIR, MIRACLE 2000, NETTLE, NONI, SARSAPARILLA, BURDOCK, OLYMPIC TONE, ART, VITAMIN C, SUMA, MULLEIN, DEVIL'S CLAW
86. **KIDNEYS** = CKLS, DANDELION, UVA URSI, WHITE OAK BARK, BLACK SEED, HYDRANGEA, NETTLE, SARSAPARILLA, CHAPARRAL, DEVIL'S CLAW, SCHIZANDRA, ST. JOHN'S WORT, MILK THISTLE, HYSSOP, WORMWOOD
87. **LIVER** = CKLS, BURDOCK, DANDELION, SCHIZANDRA, MILK THISTLE, WORMWOOD, COMFREY FENUGREEK, WHITE OAK BARK, CASCARA SAGRADA, BLACK SEED, DEVIL'S CLAW, HYSSOP, BLESSED THISTLE, PAU D'ARCO
88. **LUMBAGO** = CAPSICUM, COMFREY FENUGREEK
89. **LUNGS** = CAPSICUM, COMFREY FENUGREEK, ASTRAGALUS, HYSSOP, LOBELIA, SLIPPERY ELM, MULLEIN, VITAMIN C, SCHIZANDRA, BLACK SEED, NETTLE, HORSETAIL, NONI, BLESSED THISTLE, LOBELIA
90. **MEASLES** = FREED-OM, PAU D'ARCO, RED RASPBERRY, BLESSED THISTLE, LOBELIA

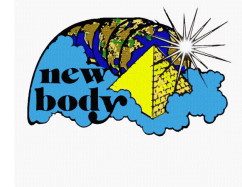
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91. **MENOPAUSE** = AG-7, BLACK COHOSH, DAMIANA DONG QUAI, RH, SH, DAMIANA, BEE POLLEN, SUMA, SARSAPARILLA
92. **MENSTRUATION** = BLESSED THISTLE, PENNYROYAL, WORMWOOD, GINGER, WILD YAM, GOLDENSEAL, WHITE OAK BARK, GOLDENSEAL ECHINACEA, SARSAPARILLA, RED RASPBERRY, VALERIAN, BUTCHER'S BROOM, MILK THISTLE, NETTLE, AG-7, NVS
93. **MIGRAINE HEADACHE** = WOOD BETONY, NVS, GOLDENSEAL ECHINACEA, VALERIAN, BLESSED THISTLE
94. **MORNING SICKNESS** = GINGER, RED RASPBERRY, BLESSED THISTLE, GOLDENSEAL, NONI
95. **MOUTH SORES** = FREED-OM, GOLDENSEAL ECHINACEA, BLACK WALNUT, PAU D'ARCO, WHITE OAK BARK, NONI, SLIPPERY ELM, CHAPARRAL, RED RASPBERRY, NETTLE, HORSETAIL
96. **MUCOUS MEMBRANE** = COMFREY FENUGREEK, CHICKWEED, HORSETAIL, MULLEIN, WHITE OAK BARK, SLIPPERY ELM
97. **MUMPS** = FREED-OM, GOLDENSEAL ECHINACEA, PAU D'ARCO, RED CLOVER, LOBELIA, MULLEIN
98. **NAILS** = RH, SH, HIR, MIRACLE 2000, NETTLE, ALFALFA, BLACK SEED, HORSETAIL
99. **NAUSEA** = DA, GINGER, ALFALFA, KOREAN RED GINSENG, RED RASPBERRY, BLACK SEED, NONI
100. **NERVES** = NVS, VALERIAN, SUMA, PAR-K SLIM PACK, FO-TI-TIENG, GINKGO GOTU KOLA, HAWTHORNE BERRIES, SCHIZANDRA, BLESSED THISTLE, HORSETAIL, LOBELIA, NONI, ST. JOHN'S WORT, RED RASPBERRY, MULLEIN
101. **NIGHTMARES** = NVS, SCHIZANDRA, ST. JOHN'S WORT
102. **NURSING** = 4-PG, BLESSED THISTLE & RED RASPBERRY, BLACK SEED
103. **OBESITY** = CHICKWEED, PAR-K-SLIM PACK, BLACK SEED, IRISH MOSS, WORMWOOD, NONI
104. **PAIN** = NVS, VALERIAN, WOOD BETONY, YUCCA, DEVIL'S CLAW, WILD YAM, NONI, CHAPARRAL, CAPSICUM, MULLEIN, CKLS
105. **PANCREAS** = UVA URSI, GOLDENSEAL, BLACK SEED, ALFALFA
106. **PARASITES** = CKLS, ALOE VERA, ALOE VERA PEPPERMINT, BLACK WALNUT, PAU D'ARCO, BP-1, BP-2, BLACK SEED, WORMZ-B-GONE, SENNA, HORSETAIL, NONI
107. **PILES** = CKLS, ALOE VERA PEPPERMINT
108. **PITUITARY GLAND** = RH, SH, 4-PG, ALFALFA, KOREAN RED GINSENG, GGFC, FO-TI-TIENG, NONI, SAW PALMETTO, ST. JOHN'S WORT, F-EY, SUMA, NETTLE, KELP, HORSETAIL
109. **PNEUMONIA** = CKLS, C-FU, HAWTHORNE BERRIES, MULLEIN, CHICKWEED, GOLDENSEAL ECHINACEA, PAU D'ARCO, SLIPPERY ELM, LOBELIA

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110. **POISONING** = CKLS, FREED-OM, BLACK SEED, MILK THISTLE, SARSAPARILLA, GOLDENSEAL ECHINACEA, PAU D'ARCO, ST. JOHN'S WORT, MIRACLE 2000, WORMWOOD, SCHIZANDRA, BLACK SEED, CHICKWEED, CHAPARRAL, NONI
111. **POISON IVY & POISON OAK** = YELLOW DOCK, BLACK WALNUT, SLIPPERY ELM
112. **PREGNANCY** = 4-PG, RED RASPBERRY, DONG QUAI, NONI, WILD YAM
113. **PROSTATE** = RH, SH, F-EY, UVA URSI, SAW PALMETTO, HYDRANGEA, NONI, FO-TI-TIENG, SCHIZANDRA, GINSENG, DAMIANA, BLACK SEED, BEE POLLEN, HORSETAIL, RED RASPBERRY, CHAPARRAL
114. **PSORIASIS** = FREED-OM, HIR, RED CLOVER, PAU D'ARCO, CHAPARRAL, CAPSICUM, SARSAPARILLA
115. **PYORRHEA** = CAPSICUM, WHITE OAK BARK, VITAMIN C, GOLDENSEAL, GOLDENSEAL ECHINACEA
116. **RHEUMATISM** = ART, CKLS, WORMWOOD, ALFALFA, HYDRANGEA, RED CLOVER, WILD YAM, SENNA, SARSAPARILLA, BLACK SEED, HAWTHORNE BERRIES, NONI, YUCCA, ST. JOHN'S WORT, DEVIL'S CLAW, HORSETAIL, CHAPARRAL
117. **RHEUMATIC FEVER** = ART, CKLS, WORMWOOD, ALFALFA, HYDRANGEA, RED CLOVER, SARSAPARILLA, BLACK SEED, GOLDENSEAL ECHINACEA, HYSSOP, NONI
118. **RINGWORM** = CAPSICUM, CKLS, BLACK WALNUT, GOLDENSEAL, BP-1, BP-2, SARSAPARILLA, SLIPPERY ELM, LOBELIA
119. **SCARLET FEVER** = FREED-OM, PAU D'ARCO, GOLDENSEAL ECHINACEA
120. **SENILITY** = GOTU KOLA, GINGKO GOTU KOLA, GINSENG, FO-TI-TIENG, GGFC, F-EY & 4-PG, BLESSED THISTLE, BLACK SEED, NONI
121. **SEX DESIRE** = RH, SH, DAMIANA, GINSENG, SCHIZANDRA, GGFC, SARSAPARILLA, YOHIMBE
122. **SHINGLES** = NVS, VALERIAN, FREED-OM, GOLDENSEAL ECHINACEA, BURDOCK
123. **SHOCK** = NVS, CKLS, CAPSICUM, MILK THISTLE, VITAMIN C, LOBELIA
124. **SINUS** = COMFREY FENUGREEK, CKLS, GINGER, MULLEIN, WHITE OAK BARK, NONI, BLACK SEED, CAPSICUM
125. **SKELETAL SYSTEM** = BONES (BRITTLE, BROKEN, WEAK): HIR, 4-PG, ASTRAGALUS, MIRACLE 2000, OLYMPIC TONE, VITAMIN C, FREED-OM, RH, SH, COMFREY FENUGREEK, PAU D'ARCO, ART, BLACK WALNUT, BIRTH SOLUTION FORMULA, DAMIANA, NONI, BLACK SEED, NATURE'S PROMISE, SUMA, YUCCA, HORSETAIL
126. **SKIN DISEASE** = CHAPARRAL, SK-F, BLACK WALNUT, SCHIZANDRA, NONI, NETTLE, CAPSICUM, MILK THISTLE, SENNA, YELLOW DOCK, VITAMIN C, FREED-

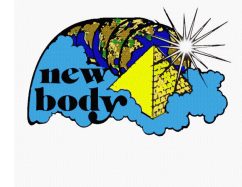
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# Helpful Hints For Using New Body Products

A New Body Lifestyle (A.N.B.L.)  
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OM, PAU D'ARCO, SLIPPERY ELM, BLACK SEED, SUMA, BLESSED THISTLE,  
CHICKWEED, HORSETAIL, MULLEIN

127. **SLEEP** = NVS, SCHIZANDRA, ST. JOHN'S WORT, NONI, HAWTHORNE  
BERRIES, VALERIAN

128. **SMOKING** = CHICKWEED, RH, SH, LOBELIA, HYSSOP, MULLEIN

129. **SORE THROAT** = CKLS, HYSSOP, NONI, SLIPPERY ELM, SAW PALMETTO,  
RED RASPBERRY, ASTRAGALUS, HAWTHORNE BERRIES, CAPSICUM, RED  
CLOVER, MULLEIN

130. **SPLEEN** = CKLS, FREED-OM, UVA URSI, LICORICE, CASCARA SAGRADA,  
NETTLE, SENNA, HYSSOP, BLESSDE THISTLE

131. **STERILITY** = RH, SH, CKLS, SAW PALMETTO, WILD YAM, SCHIZANDRA,  
SARSAPARILLA, YOHIMBE, GINKGO, BLACK SEED, GINSENG, NONI

132. **STOMACH** = CKLS, DEVIL'S CLAW, IRISH MOSS, MILK THISTLE, GINGER,  
SIBERIAN GINSENG, SLIPPERY ELM, VALERIAN, SLIPPERY ELM, RED  
RASPBERRY, NONI, BLACK SEED

133. **SUNBURN & SUNSTROKE** = OLIVE OIL, SHEA BUTTER

134. **SWELLING** = CKLS, DEVIL'S CLAW, YUCCA, CHICKWEED, BURDOCK,  
BUTCHER'S BROOM, YELLOW DOCK, BLESSED THISTLE, BLACK SEED

135. **SWOLLEN GLANDS** = KELP, PAU D'ARCO, GOLDENSEAL ECHINACEA,  
NETTLE, SAW PALMETTO, BLACK SEED

136. **SYPHILIS** = BLACK WALNUT, PAU D'ARCO, GOLDENSEAL, ASTRAGALUS,  
SLIPPERY ELM, SARSAPARILLA, BLACK SEED, LOBELIA

137. **TEETH** = BLACK WALNUT, CKLS, ALFALFA, VITAMIN C, WHITE OAK BARK,  
NONI, HORSETAIL, MULLEIN, RED RASPBERRY, LOBELIA, BLACK SEED

138. **THYROID** = KELP, CKLS, IRISH MOSS, MULLEIN, VITAMIN C, NONI

139. **TONSILLITIS** = CKLS, ASTRAGALUS, GOLDENSEAL, PAU D'ARCO, HYSSOP,  
HORSETAIL, SLIPPERY ELM, MULLEIN, KELP, LOBELIA, NONI

140. **TUMORS** = C-1, CKLS, PAU D'ARCO, RED CLOVER, CHAPARRAL,  
ASTRAGALUS, NONI, NETTLE, SLIPPERY ELM, MILK THISTLE, SARSAPARILLA

141. **ULCERS** = CKLS, CAPSICUM, DEVIL'S CLAW, SUMA, MULLEIN, SLIPPERY  
ELM, GOLDENSEAL ECHINACEA, IRISH MOSS, RED CLOVER

142. **URINATION** = UVA URSI, HYDRANGEA, BURDOCK, DANDELION, NONI,  
WHITE OAK BARK, MIRACLE 2000, WILD YAM, LOBELIA, BLACK SEED, LOBELIA,  
DEVIL'S CLAW, HYDRANGEA, HORSETAIL, BLESSED THISTLE, NETTLE

143. **VAGINA** = GOLDENSEAL, GARLIC, PAU D'ARCO, BLACK WALNUT, RED  
CLOVER

144. **VARICOSE VEINS** = WHITE OAK BARK, BUTCHER'S BROOM, SUMA, YUCCA,  
NETTLE, MILK THISTLE, CAPSICUM

145. **VENERAL DISEASE** = FREED-OM, PAU D'ARCO, GOLDENSEAL,  
ASTRAGALUS, MULLEIN, SARSAPARILLA, CHAPARRAL

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146. **VITALITY** = RH, SH, MIRACLE 2000, NATURE'S PROMISE, BLACK SEED, SLIPPERY ELM, LICORICE, FO-TI-TIENG, GGFC, GINSENG, GOTU KOLA, NONI, SARSAPARILLA, BIRTHING SOLUTION FORMULA, F-EY & 4-PG

147. **VOMITING** = CKLS, SUMA, VALERIAN, ALFALFA, 4-PG, GINSENG, SARSAPARILLA, RED RASPBERRY, BLACK SEED

148. **WARTS** = CHAPARRAL, BLACK WALNUT, GARLIC, MILK THISTLE, MULLEIN, SARSAPARILLA

149. **WORMS** = CKLS, ALOE VERA, ALOE VERA PEPPERMINT, BLACK WALNUT, GARLIC, PAU D'ARCO, WORMZ-B-GONE, SLIPPERY ELM, BLACK SEED, SENNA, LOBELIA, ST. JOHN'S WORT, HORSETAIL, BLESSED THISTLE, HYSSOP

150. **YEAST INFECTION** = ST. JOHN'S WORT, PAU D'ARCO, GOLDENSEAL DOUCHE, GARLIC DOUCHE

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